EXPLORE THE PORTS OF

# Romsdalsford

ÅNDALSNES, MOLDE & ERESFJORD

2

20.1





Romsdalsfjord – an adventure along scenic roads
Port Services & Information
What to explore
Port of Åndalsnes
Port of Molde
Port of Eresfjord

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4
6

Romsdalsfjord

### - AN ADVENTURE **ALONG SCENIC ROADS**

### Åndalsnes

The small town of Åndalsnes is idyllically located in the valley of Romsdal, by the mouth of the river Rauma. Åndalsnes is surrounded by high mountains and offers a stunning scenery. Enjoy the lively emerald green river Rauma, lush waterfalls, steep mountains and magnificent bridges. Åndalsnes makes a natural starting point for activities and attractions. Highlights include the spectacular Trollstigen road, Trollveggen, the highest vertical mountain in northern Europe and the Rauma Railway, one of Norway's most beautiful train rides.

#### Molde

Molde is known as the town of roses. Situated by the Romsdalsfjord, Molde is renowned for its beautiful surroundings and wonderful views. The most famous viewpoint is Varden, which allows you to enjoy the extraordinary vista of Molde Panorama's 222 mountain peaks. Here you will also find Romsdal Museum, one of Norway's largest and most comprehensive folk museums. Don't miss out on a trip to the Atlantic Road, equally impressive both in sunny and stormy weather. Visit the marble caves or sail on a replica Viking ship to the old fishing village of Håholmen.

### Eresfjord

The charming and secluded village Eresfjord is exclusively for smaller ships and luxury yachts. The village with only 350 inhabitants has kept its cozy appearance with small, wooden boathouses and traditional buildings. Eresfjord welcomes a few ships every year. From here, you can travel to beautiful Eikesdal valley and see the magnificent waterfall Mardalsfossen, the 4th highest waterfall in the world. Enjoy a guided walk through the old village Nauste or join an overland tour to the nearby towns.



Port Services and Information

### PORT OF **ÅNDALSNES**

### **GENERAL PORT INFORMATION**

Cruise terminal: No Crew room: No Restrictions in harbor: 1 ship alongside, 1–2 at anchorage EPI: Yes ESI: Yes Prevailing weather: Variable wind, 4–10 knots Range of tides and max currents: Tide range 2 m, 1-2,5 knots Depth at chart datum and diameter of turning basin: Depth 40 m, Diameter 1 nm Fresh water: Yes Grey water: No Waste handling: Yes Bunkers: Yes. by boat Tugs: Tugboats not obligatory. 3 hour distance from tugboats to port **ISPS:** PFSO officer on duty around the clock TINDEKAIA QUAY Pier length: 232 m (total length)

Pier depth: 8-15 m Fenders: Truck tiers 1 m Bollards: 150T Surface: Concrete cover Gangways: Yes Height of dock surface above charted low water datum: 3.65 m Air draft restrictions: No Maximum vessel length allowed: 333 m

### PILOTAGE

Location of pilot: Lat. Ålesund, Breisundet N62 27' E05 59 49 from South. Long. Kristiansund Grip Island N63 14' E07 42' from North

Distance from pilot to dock/anchorage: Breisundet – Åndalsnes 55 n.m/Grip – Åndalsnes 65 nm

#### **ANCHORAGE & TENDERING** INFORMATION

Secure anchorage(s) position: Lat: N62 34' 30" Lona: E07 42' Minimum Depth of anchorage: 27–40 m Type of bottom: Sand and clay Wind current: Wind from SW General slope of seabed: About 10% Ship tenders allowed: Yes Distance from anchorage to tender pier: 1000 m Number of tender piers: 1 tender Minimum Depth of water at tender pier: 2,2 m Fendering: Woodwork Height of tender pier above water: 0,9 m Wheelchair accessible: Yes

### PASSENGER FACILITIES

Distance to town center: 300 m Distance to ATM: 300 m **Currency:** NOK. Other currency is generally not accepted. Please note that the banks are not able to exchange currency Distance to busses: 50 m Distance to public transportation (buss, taxi): 250 m



#### **GENERAL PORT INFORMATION**

Cruise terminal: No

Crew room: Yes

Restrictions in harbor: 2–4 ships alongside

EPI: Yes

ESI: Yes

Prevailing weather & currents: Winds: Variable wind from west, Currents: 2 knots

Depth at chart datum and diameter of turning basin: Depth 13 m, Diameter 700 m

Range of tides and max currents: Tide range 2 m, currents 1–2 knots

Fresh water: Yes

Grey water: No

Waste handling: Yes Bunkers: Yes, by boat

Tugs: Tugboats not obligatory. 1,5 hour distance from tugboats to port

ISPS: PFSO officer on duty around the clock

#### STORKAIA QUAY

**Position:** N62° 44,05 E7° 09,33 Pier length: 300 m Pier depth: 9-11 m Fenders: Truck tires 1 m Bollards: 50-200T Surface: Concrete cover Gangways: Yes Height of dock surface above charted low water datum: 3,65 m Air draft restrictions: 65 m Maximum vessel length allowed: No limitations

### MOLDEGÅRD OUAY

Position: N62° 44,17 E7° 11,20 Pier length: 130 m Pier depth: 10 m Fenders: Truck tires 1 m Bollards: 50-200T Surface: Concrete cover Gangways: Yes Height of dock surface above charted low water datum: 4,11 m Air draft restrictions: 47 m Maximum vessel length allowed: No limitations

### PILOTAGE

Location of pilot: Lat. Ålesund, Breisundet N62 27' E05 59 49 from south. Long. Kristiansund Grip Island N63 14' E07 42' from North

Distance from pilot to dock/anchorage: Breisundet -Molde 40/46 nm/Grip – Molde 45 nm

### **ANCHORAGE & TENDERING** INFORMATION

Secure anchorage(s) position: Lat: N62 44' Long: E07° 10,3' Minimum Depth of anchorage: 30-35 m Type of bottom: Sand and clay Wind current: Wind from SW-W General slope of seabed: About 2-5% Ship tenders allowed: Yes Distance from anchorage to tender pier: 500 m Number of tender piers: 2 tenders Minimum Depth of water at tender pier: 1,5 m Fendering: Truck tires Height of tender pier above water: 1 m (floating dock) Wheelchair accessible: Yes

### PASSENGER FACILITIES

Distance to town center: 100 m from Storkaia quay/1,2 km from Moldegård quay Distance to ATM: 150 m from Storkaia quay/130 m

from Moldegård quay

Currency: NOK. Other currency is generally not accepted. Please note that the banks are not able to exchange currency

Distance to busses: 50 m

Distance to public transportation (buss, taxi): 600 m from Storkaia quay/1,3 km from Moldegård quay



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Download from: AppStore and Google Play.

### PORT OF ERESFJORD

### **GENERAL PORT INFORMATION**

Cruise terminal: No Crew room: No Restrictions in harbor: 1 ship at anchorage EPI: Yes ESI: Yes Prevailing weather: Variable wind, 4–8 knots Range of tides and max currents: 1-2,5 knots Depth at chart datum and diameter of turning basin: Depth 45 m, Diameter 1 nm Fresh water: No Grey water: No Waste handling: No Bunkers: Yes, by boat Tugs: Tugboats not obligatory. 2,5 hours distance from tugboats to port **ISPS:** PFSO officer on duty around the clock

### PILOTAGE

Location of pilot: Lat. Ålesund, Breisundet N62 27' E05 59 49 from South. Long. Kristiansund Grip Island N63 14' E07 42' from North

Distance from pilot to dock/anchorage: Breisundet -Eresfjord 75 nm/Grip – Eresfjord 85 nm

### **ANCHORAGE & TENDERING** INFORMATION

Secure anchorage(s) position: Lat: N62 41'5" Long: E08 08' Minimum Depth of anchorage: 27-30 m Type of bottom: Sand and clay Wind current: Wind from SW General slope of seabed: About 10 % Ship tenders allowed: Yes Distance from anchorage to tender pier: 900 m Number of tender piers: 1 tender Minimum Depth of water at tender pier: 2,2 m Fendering: Woodwork Height of tender pier above water: 0,9 m Wheelchair accessible: Yes

### PASSENGER FACILITIES

Distance to ATM: 1,4 km Currency: NOK. Other currency is generally not accepted Distance to busses: 100 m

Distance to public transportation (buss, taxi): Not available

### CONTACT INFORMATION

### PORT OF MOLDE, **ÅNDALSNES &** ERESFJORD

Hamnegata 8 NO-6413 Molde

Opening hours: 08.00-15.30

+47 71 19 16 20 office@molde-romsdalhavn.no www.molde-romsdalhavn.no

### HARBOUR GUARD

Available 24 hours +47 93 23 14 70 vakt@molde-romsdalhavn.no VHF channels: 12–16

### VISIT NORTHWEST

+47 70 23 88 00 info@visitnorthwest.no www.visitnorthwest.no

### **VISIT ROMSDAL**

(Åndalsnes)

+47 930 49 755 info@visitandalsnes.com www.visitromsdal.com

### MØRE OG TRØNDELAG **GUIDESERVICE**

+47 71 26 01 68 post@moereguide.com www.moerequide.com

### NOREON GUIDESERVICE

+47 46 78 50 80 info@noreon.no www.noreon.no



Trondheim •

Ålesund

Bergen

### DISTANCE

Molde – Åndalsnes: 23 nm Molde – Eresfjord: 37 nm Eresfjord – Åndalsnes: 37 nm

PORTS OF ROMSDALSFJORD



Mhatto explore

### ÅNDALSNES

Trollstigen Road and Trollveggen	14
The Rauma Railway	
The Romsdal Gondola NEWS	
Bøstølen Summer Farm	
Woldstad Farm	
The Norwegian Mountaineering Centre	22
The Golden Route to Geiranger	23
Sagelva Hydropower Center	24
Rødven Stave Church	25
Active Stay Åndalsnes	

### MOLDE

The Atlantic Road	
Bergtatt Marble Caves	
Sail a Viking Ship to Håholmen Island	
Sightseeing in the town of Roses	
Romsdal Museum	
Hjertøya Island & Fishing Village	
Day trip to Trollstigen	
Active Stay in Molde	

### ERESFJORD

Port of Eresfjord ..

PORTS OF ROMSDALSFJORD







### TROLLSTIGEN **ROAD AND** TROLLVEGGEN

An exceptional driving experience along a route steeped in tradition, through scenery with deep fjords and lush valleys. The Trollstigen road leads up a series of narrow hairpin bends, providing a great view of the dramatic mountain peaks surrounding it. Once on top of the plateau, the restaurant and viewpoints show Norwegian architecture at its best, and the view from the top is a sight to behold. Another spectacular attraction is Trollveggen, the highest vertical mountain in Northern Europe. Stop for lunch and visit the Trolls who reside there. Trollstigen is one of the National Tourist Routes in Norway.

### **Tour description**

The excursion goes by bus from the port through the deep valleys and up the steep and winding Trollstigen road. The excursion includes several photo stops on the way up Trollstigen, at Trollstigen viewpoint, as well as a lunch stop at Trollstigen Gjestegård or Trollveggen Visitor Centre (optional). This tour can also be arranged as a roundtrip with stops at Gudbrandsjuvet ravine and the old Stordal Rose Church.

Season	May – October (depending on snow conditions)
Duration	3,5 hours from Åndalsnes
Capacity	High capacity
Note	If the ship visits both Åndalsnes and Molde, it is possible to start the trip in one port and board in the other port. Wheelchair accessible.





### THE RAUMA RAILWAY

One of the most exciting railways in the world, built in 1924. The Rauma Railway is a must-see when visiting Åndalsnes. Lonely Planet named it "the most scenic train journey in Europe". On its journey, the train passes several waterfalls, the salmon river Rauma, and spectacular peaks rising above the Romsdal valley, including Trollveggen. On the way to the village Bjorli, the train passes 32 bridges, including Kylling Bridge, built between 1913 and 1923. The change in altitude is 574 m, a fact that posed a great challenge for engineers and builders. After entering the Stavem turning tunnel (1340 m), the train almost completes a circle inside the mountain before emerging from the tunnel traveling in the opposite direction, 19 meters above where it entered. The Rauma railway is a great experience, both during the summer and winter season.

### Tour description

The train station is located a short walk from the pier in Åndalsnes (100 m). The train travels through the deep valley up to Bjorli, slowing down in several places, allowing passengers to enjoy the beautiful scenery and take pictures. From Bjorli, passengers can go by bus back to the pier.

Season	All year
Duration	3 hours
Capacity	High capasity, 78 pax per departure.
Note	The tour can also be reversed. Wheelchair accessible.

### THE ROMSDAL GONDOLA

A shortcut to the fantastic fjord- and mountain views of Romsdalen. Located right above the town of Åndalsnes, surrounded by the famous Romsdal mountains you find mount Nesaksla 697 m a.s.l. A state-of-the-art electric cable car takes you 1679 meters from the fjord and up the mountainside, Norway´s first gondola built on principles of sustainability. A 360-degree view overlooking the impressive Mt. Romsdalshorn, Mt. Vengetindene, the town center, lush valleys and the emerald green river Rauma. From the restaurant on the top, visitors can enjoy a meal while admiring the stunning views. Explore the area along short, easy paths on the mountain top to the different viewpoints.

### Tour description

An easy 200 meter walk from the port to the cable car. A 4,5 min. cable car trip from the fjord to the mountain Nesaksla. Coffee, cake or lunch served at the top (optional). Time to enjoy the breathtaking viewpoints and walkways before returning back to port. Possible to do a guided hike back to the port along a steep path and stone steps, passing Rampestreken viewpoint.

Season	All year
Duration	1 hour (4,5 min. by cable car to the mountain station)
Capacity	45 pax per cable car, 460 pax per hour
Note	Wheelchair accessible.







## BØSTØLEN SUMMER FARM

#### Facts

Season	June – August
Duration	3–4 hours
Capacity	Max 50 pax
Note	Not accessible for wheelchairs.

In earlier times, Norwegians sent their livestock up to the mountains during summer to take advantage of the pastures in areas that were uninhabitable during the colder months. Shepherds would live in a small cabin (seter) to be near the animals. In wonderful surroundings, the guests are invited to join the mountain farm life, taste local traditional food, pet the goats and enjoy the tranquility. Visitors can enter the cabins and see how people lived during the summer months in the mountains, up to present time where the cabins are mostly used during weekends and holidays.

### Tour description

The excursion goes by bus to Bøstølen, a 30 min. drive from the cruise port. An easy, 200 meter long walk on a gravel path to the summer farm.

### WOLDSTAD FARM

#### Facts

Season	All year
Duration	2–3 hours
Capacity	15 pax – 60 pax
Note	Good footwear for walking around the farm. Wheelchair accessible.

This excursion offers an opportunity to visit a Norwegian farm. After a brief tour of the yard, guests go to the "barn" – now a charming restaurant – where they get an insight into the farm's history and surroundings. A selection of home-made food specialties, along with carefully selected local produce will be served. Visitors can also try their hand at baking the local traditional pancake "svele". The farm shop and art gallery are open.

### Tour description

Bus transfer from Åndalsnes to Isfjorden, where the farm is situated (a 10 min. drive one way), where you will be greeted by the hosts. Parking right by the barn.





### THE NORWEGIAN MOUNTAINEERING CENTRE

#### Facts

Season	All year
Duration	1 hour
Capacity	High capacity
Note	Great to combine with a trip to
	Trollstigen road. Wheelchair accessible.

The Norwegian Mountaineering Centre (Norsk Tindesenter) is an adventure center for those who enjoy outdoor life, exciting mountaineering history and films of beautiful nature. The movie theatre is one of a kind, with a 3D screen that simulates a rock wall. The museum is packed with exciting installations that provide interactivity, learning and playful moments for both adults and children. The center has Norway's highest indoor climbing hall, with climbing and bouldering routes for all levels, including a bouldering cave for children

#### Tour description

The visit to the museum starts with the movie Trollfolk (15 min.), followed by a guided tour of the museum where guests will gain a better insight into the mountaineering stories and the people behind them.

### THE GOLDEN **ROUTE TO** GEIRANGER

#### Facts

Season	Approximately May – October
Duration	7–8 hours
Capacity	High capacity
Note	May also be operated in the opposite direction.

Visit 3 famous sights in one tour: Trollstigen road, Trollveggen and the UNESCO World Heritage site Geirangerfjord. This tour is packed with highlights! Several amazing stops along the way, including the Gudbrandsjuvet ravine and the Eagle Road.

### Tour description

The excursion goes by bus from Åndalsnes and up Trollstigen road. On the way down the mountain, the bus stops at Gudbrandsjuvet ravine before continuing towards Geiranger. Ferry between Eidsdal – Linge. Lunch stop in Geiranger. Return towards Åndalsnes via Sjøholt with an optional stop at Stordal Rose church.





### SAGELVA **HYDROPOWER** CENTER

#### Facts

Season	June – September
Duration	3,5 hours
Capacity	15–60 pax
Note	Part of the site is wheelchair accessible, including the lavatories.

Sagelva demonstrates in full scale the region's 300-year history of waterpower exploration and sawmill industry. Tours with local guides and demonstration of a band saw, a circular saw, a modern power plant, a mill, and other waterdriven machineries. The power from the flowing water and the different methods used to exploit it is an interesting sight for all generations.

#### Tour description

The tour goes by train from Åndalsnes to Bjorli, and bus transfer to Sagelva (10 min. drive from Bjorli). Return by bus to the cruise quay. Photo stops at Trollveggen and Slettafossen on the way. Freshly made waffles and coffee can be served on request.

### RØDVEN **STAVE CHURCH**

### Facts

Season	May – September
Duration	3 hours (not including visit to Rosvang Gaard)
Capacity	Max 90 pax inside the church, 8–20 pax at Rosvang
Note	The church is not accessible for wheel- chairs. Rosvang is wheelchair accessible.

Visit one of the oldest stave churches in Norway. Rødven Stave Church dates to the 13th Century and is one of few remaining stave churches in Norway. Rødven Stave Church was heavily rebuilt in the 17th century. The church is in the Møre style, characterized by central posts in the external walls and crossbeams. Combine this with a drive up the spectacular Trollstigen Road.

The tour can also be combined with a visit to Rosvang Gaard, a farm and boutique hotel. Coffee/ tea and cakes are served while Albert and Otto tell you about life in Norway. Have a look around the house and enjoy a nice encounter with the sheep, before traveling back to Åndalsnes.

### Tour description

The excursion goes by bus to Trollstigen Road with several photo stops along the way, before continuing on to Rødven. An optional coffee stop at Rosvang Gaard can be included.





### Hike Rampestreken

From the harbor, the trail ascends steeply until reaching Rampestreken viewpoint. Part of the hike leads up stone steps, built by Nepalese Sherpas. The lookout is 537 ma.s.l. and boasts a spectacular view of Åndalsnes.

Duration: 2,5 hours (April – November).

### Hike Viewpoint Trollveggen

Short, but thrilling hike to Trollveggen Viewpoint (Litlefjellet). The wild Romsdalsfjella mountains, the Rauma river and the view towards the Romsdalsfjord, provide spectacular surroundings during the hiking experience.

**Duration:** 3 hours, 30 min. hike one way (June – September).



### **Snowshoe Hike & Airboarding**

A different and exciting winter experience. The excursion includes winter fun on snowshoes, a thrilling airboard sledding adventure and a cozy gathering around the bonfire after the hike. The trip is adjusted according to the fitness level of the group.

Duration: 3 hours (November – April).

### Kayak Romsdalsfjord

A peaceful kayak experience on the fjord. The tour starts at the cruise quay and explores the harbor and surrounding areas.

Duration: 1,5 hours (June – September).

### Ville Verma

Guided tour with climbing harness across the river Rauma. A thrilling adventure with ziplines and climbing nets. Coffee break with local snacks around the bonfire. Roundtrip from Åndalsnes by train or bus, including photo stop at Trollveggen.

Duration: 5 hours (June – August).

### Via Ferrata intro

A perfect introduction to climbing. Romsdalsstigen via Ferrata requires no previous knowledge of climbing. The view is breathtaking and will be an experience to remember.

Duration: 3 hours (May – October).

### SUP – Stand up paddling

A peaceful paddle adventure on the emerald green river, surrounded by the spectacular mountains of Romsdalen. This activity suits most people.

Duration: 3 hours (June – September).



### THE ATLANTIC ROAD

The Atlantic Road zigzags across bridges and islands, to the point where land and ocean meets the fjord. This is one of the National Tourist Roads in Norway and has been named the Norwegian Structure of the Century as well as the world's most beautiful road trip. Amazing on a sunny day – dramatic during stormy weather. At Eldhusøya, a suspended walkway offers visitors the opportunity of a short stroll to enjoy the dramatic landscape. The Atlantic road is open all year round, and both summer- and winter tours can be arranged.

The round trip from Molde to the Atlantic Road and back offers several great attractions, including cheese tasting at Derinngarden farm, Bergtatt marble caves, Håholmen island and Bud fishing village.

### **Tour description**

The excursion starts with a visit to the viewpoint Varden, before a scenic one-hour bus ride from Molde to the Atlantic road. Optional stop at Bergtatt marble caves or Derinngarden farm on the way. Photo stop on the Atlantic Road and a stroll on the suspended walkway. From the Atlantic Road, a Viking ship takes visitors over to Håholmen island where lunch can be served (optional). A coffee stop in the charming fishing village Bud, with a visit to the Ergan Coastal Fort, can be arranged on the way back.

Season	All year
Duration	3,5 hours (5–6 hours including optional stops)
Capacity	High capacity
Note	Wheelchair accessible







### BERGTATT MARBLE CAVES

#### Facts

Season	All year
Duration	2,5 hours (4 hours including the Atlantic Road)
Capacity	High capacity. Max 25 pax per boat.
Note	The caves have the same temperature all year around, 7 degrees during the boat trip and 22 degrees in the concert hall. Wheelchair accessible.

Explore the mystical marble caves at Bergtatt. The caves are a result of mining operations and have been active since 1938. In other parts of the mountain, the mining operation is still ongoing. Today, the caves function as a concert venue, as well as a tourist attraction. A boat ride into the caves offers visitors a unique and peaceful experience. Combine it with a trip to the Atlantic road, one of the world's most fascinating road trips.

#### Tour description

The excursion goes by bus from the port of Molde (30 min.). Small electric boats take groups into the caves, where they can get a closer look at the surroundings. Lunch or a snack can be served inside the heated concert hall (optional). The visit includes a short film about the ongoing mining operation. Musical entertainment can be organized.

### SAIL A VIKING SHIP **TO HÅHOLMEN ISLAND**

Facts

Season	May – September
Duration	5 hours (including the Atlantic Road)
Capacity	Max capacity Viking ship 48 pax
Note	The Viking ship is not wheelchair accessible, but it is possible to book a wheelchair accessible boat to the island. Passengers are seated on deck and must dress according to the weather.

Board a Viking ship to the Norwegian adventurer Ragnar Thorseth's island of Håholmen. Håholmen is an original fishing village from the 18th century, where they produced "klippfisk" (dried and salted codfish). The wharfs, the bakery and the traditional fishermen's shacks have remained just the way they were. The island is located just outside of the Atlantic Road, maybe the world's most beautiful road trip!

### Tour description

This excursion starts with a visit to the vantage point Varden. The bus then continues to the Atlantic Road for a photo stop before guests board a replica Viking ship for a 7 min. boat trip to the island Håholmen. Lunch is served in beautiful surroundings on the island. Passengers return on the Viking ship to the bus, before a one-hour scenic bus ride back to the port. An optional stop can be made at Ergan Coastal Fort in the fishing village Bud.





### SIGHTSEEING IN THE TOWN **OF ROSES**

#### Facts

Season	All year
Duration	3 hours
Capacity	High capacity
Note	Varden viewpoint is open from May – October. The tour can also be arranged as a guided walk.

Sightseeing tour in the town of jazz and roses, including Molde Cathedral, Romsdal Museum and the Varden viewpoint (407 m a.s.l.), which offers a great view of the Molde panorama with 222 mountain peaks. The Romsdal Museum was established in 1912 and displays buildings and interiors from the whole region. A charming performance by the children's folk dance group can be booked to finish the excursion.

#### Tour description

The excursion by bus includes a tour of the town center, Molde Cathedral, and a visit to the vantage point Varden, where a photo stop is made. From there, the bus continues to the museum. Children folk dance performance on request.

### ROMSDAL MUSEUM

Facts	
Season	All year. The outdoor museum is open from April – October.
Duration	2 hours
Capacity	High capacity
Note	The main building and the outdoor area are wheelchair accessible, but many of the old houses are not.

The Romsdal Museum (est. 1912) displays buildings and interiors from the whole region. Located in beautiful and peaceful surroundings, the open-air museum is one of the largest and most comprehensive folk museums in Norway. A charming group of children can perform traditional folk dances, wearing their national costumes. A new museum building was completed in 2016, showcasing a collection of ancient artifacts, an archive of historic photographs, as well as temporary exhibitions. There is also a café, a museum shop and a "bunad" workshop where you can see the traditional garments being made.

### Tour description

Once arrived at the museum after a 10 min. bus ride, visitors have access to the main museum building, as well as the outdoor museum. Inside the different houses and cabins, they can experience different activities and learn more about local and national history. The children folk dance group performs on request. The tour can also be arranged as a guided walk from the port (30 min. walk one way).





### **HJERTØYA ISLAND & FISHING** VILLAGE

#### Facts

Season	June – August
Duration	3 hours
Capacity	High capacity
Note	Warm clothing/survival suits are supplied for the RIB boat trip.

A short boat ride from Molde harbor lies the idyllic Hjertøya island, home to the outdoor Fisheries museum, exhibiting the local coastal culture, working life and living conditions from around 1850. If you feel adventurous, you can travel the short distance to the island by a RIB boat. If you choose to do so, the trip can be combined with a visit to Veøya and the medieval Veøy Church, now a part of the Romsdal Museum.

#### Tour description

A short walk along the pier from the ship to a boat that takes you on a 10-min. boat ride over to the island. It is possible to explore the museum grounds with or without a guide. You can travel to Hjertøya with boat or RIB.

### DAY TRIP TO TROLLSTIGEN

#### Facts

Season	Approximately May – October
Duration	7–8 hours
Capacity	High capacity
Note	If the ship visits both Åndalsnes and Molde, it is possible to start the trip in one port and board in the other port. Wheelchair accessible.

Explore the iconic Trollstigen road, known for its narrow, steep turns and spectacular views. The excursion goes by bus from Molde port, passing several highlights on the way, including Trollveggen and Gudbrandsjuvet ravine. Lunch can be served by the foot of the mountain. Can be arranged as a round trip or an overland tour if the ship continues to Åndalsnes.

### Tour description

A 2-hour bus ride from Molde cruise port to Trollveggen, including a 15 min. ferryboat ride. Photo stop at Trollveggen before a lunch stop at Trollveggen Visitor Center or Trollstigen Gjestegård (optional). Photo stops on the way up Trollstigen, as well as on the top. The trip continues past Gudbrandsjuvet gorge to Valldal and Stordal before returning to Molde. Optional stop at Stordal Rose church on the way.







### Tusten Activity park

Thrilling fun in the treetops at Tusten Høyt & Lavt Climbing Park. Ziplines, climbing routes and a 13 meter high climbing tower. Exhilarating trails for mountain biking and hiking.

Duration: 3 hours (July – October).



### Hike Midsundtrappene

Excursion by bus or RIB to Midsund, west of Molde, to hike mount Rørsethornet (659 ma.s.l.) on Norway's longest stone stairway – 2 200 stone steps made by Sherpas from Nepal.

Duration: 4–5 hours (April – October).

### RIB safari

Explore the coastal waters of Hustadvika by RIB boat. Visit Ona Island (permanent pop. 20) – Norway's southernmost still-functioning fishing village, or Norway's first legally protected island, Veøya. The island was a strategic location during the Viking Age.

**Duration:** Ona 3 hours, Veøya 2 hours (May – September).

### Stand Up Paddle Board (SUP) Moldefjord

Enjoy the tranquil waters on a SUP board. This is a great family activity, fun for both children and adults.

Duration: 3 hours (May – September).

### Hike Varden viewpoint

Go by bus to the Varden viewpoint (407 m a.s.l.), and enjoy the amazing view of the Molde Panorama and its 222 mountain peaks. The hike down leads through the woods to the Romsdal Museum, before continuing on to the town center. It is also possible to hike both up and down.

Duration: 3 hours (May – October).

### Hike Trollkirka

Hike up to the fascinating limestone caves of Trollkirka (the Troll Church). The trip takes you through the forest, along the river and up a steep path. Once you have reached the top you can explore the mystical caves.

**Duration:** 5–7 hours (May – October).



Port of Erestjord

### **EXCLUSIVELY FOR SMALLER** SHIPS AND LUXURY YACHTS



### Nauste old village

Over the last coupe of years a few ships have sailed in the narrow Langfjorden to discover this charming and secluded village. The idyllic guided walk through Nauste starts at the pier and takes you through the old wooden house settlement. The former center of Eresfjord was located here at Nauste, with shops, bakeries and cafes.

In the 1880s, tourist traffic in Eresfjord and Eikesdal increased as English nobility, the so-called "salmon lords", discovered the river Eira and hiking enthusiasts became familiar with the wonderful mountains. The village has kept its charming appearance. Duration: 2 hours (All year).



#### Ferry ride to Mardalsfossen

Take a charming ferry ride on Lake Eikesdalsvatnet and witness the spectacular Mardalsfossen waterfall. The waterfall plunges 297 m down into the valley and is the 4th highest waterfall in the world. Can be combined with bus transfer between Eresfjord and Eikesdal.

Duration: 3 hours (June 20th – August 20th).

### Trollstigen Road and Åndalsnes

Overland tour from Eresfjord towards Åndalsnes via the spectacular Mt. Vistdalsheia, which offers a stunning view of the surrounding mountains and lake Eikesdalsvatnet. The tour continues to the Trollstigen road and Trollveggen, before returning to the ship in Åndalsnes.

Duration: 4,5 hours (May – October).

### City tour Molde and Trollstigen Road

This panoramic overland tour along the beautiful fjord from Eresfjord includes a city tour in Molde and a visit to Varden viewpoint before continuing to Trollstigen Road and Trollveggen in Åndalsnes.

Duration: 7 hours (All year).

### Mardalsfossen Waterfall and Nesset Vicarage

Visit Eikesdal, a picturesque village with around 80 inhabitants. A 30 min. easy hike to Mardalsfossen, one of the highest free-falling waterfalls in the world. Includes a stop at the Nesset Vicarage, the childhood home of the Norwegian writer Bjørnstjerne Bjørnson.

Duration: 4 hours (June 20th – August 20th).







